

OLD MILL

GROCERY & DELI

EST. 1919



@oldmillgrocery
(203) 701-9969

Sign Up for OMG&D
Sand Dollars and save!

BREAKFAST

SERVED ALL DAY

TOAST & SANDWICHES

| | |
|--|----|
| Breakfast Sandwich bacon, egg and cheese (sub sausage +2) | 6 |
| Double Double bacon x2, egg x2, cheese x2 | 10 |
| The Wrecker avocado, turkey, egg, swiss | 10 |
| Breakfast Burrito scrambled egg, avocado, bacon, hashbrowns, mozzarella, salsa, beans | 11 |
| Buttermilk Pancakes with Maple Syrup | 9 |

SMOOTHIES

| | |
|--|----|
| Wake Up & Party dates, almond butter, almond milk, cinnamon, banana, espresso | 12 |
| Berry Chia strawberry, blueberry, goji berry, banana, almond milk, flax, chia | 11 |
| The Greenhouse spinach, kale, cauliflower, almond butter, dates, almond milk | 10 |

| | |
|------------------------|----|
| Avocado Grilled Cheese | 11 |
| Avocado Toast | 9 |

choose your topping: soft egg +3
feta & crushed red pepper +3
tomato & bacon +4

COFFEE

COFFEE

| | |
|-------------|----------|
| Drip Coffee | 2.50 / 3 |
| Iced Coffee | 3 / 3.50 |
| Cortado | 3.75 |
| Latte | 4 / 4.50 |
| Cappuccino | 4 / 4.50 |
| Americano | 3 / 3.50 |
| Doppio | 2.50 |

LATTÉ

| | |
|---|-------------|
| Chai Latte | 4.50 / 5 |
| Matcha Latte (contains dairy) | 4.75 / 5.25 |
| Mocha latte | 4.50 / 5 |
| Turkish latte With vanilla, cardamom & cinnamon | 4.75 / 5.25 |
| Nutella™ Latte | 4.75 / 5.25 |
| Turmeric Latte Turmeric and ginger with steamed milk | 4.75 / 5.25 |

LESS CAFFEINE THAN COFFEE

| | |
|--------------------------|-------------|
| Lemonade | 2.25 / 2.75 |
| Hot Ginger Tea | 2.50 / 3 |
| Red, white & blueberries | 3.50 / 4 |
| Hot tea | 2 / 2.50 |
| Iced tea | 2.50 / 3 |

LUNCH & DINNER

11AM - 8PM

SANDWICHES & WRAPS

| | |
|--|----|
| Off the Boat grilled chicken, pesto, roasted peppers, fresh mozzarella on brioche bun | 15 |
| BLT Bacon, lettuce, tomato, green goddess dressing on multigrain | 10 |
| Smashburger cheese, pickles, thousand island dressing on a potato bun (additional patty and cheese +3) | 8 |
| Compo Ave. grilled chicken, bacon, mozzarella, bbq sauce on brioche bun | 15 |
| Greek Salad Wrap tomato, onion, cucumber, peppers, feta, olives, lettuce, citrus vinaigrette on whole wheat wrap | 12 |
| Turkey Sandwich turkey, TGB sauce, bacon, tomato, swiss on multigrain | 15 |
| Hot Honey Chicken Sandwich hot honey, green goddess dressing, pickles on brioche bun | 14 |
| Chicken Quesadilla with pico de gallo and guacamole | 15 |
| NEW! Philly Cheesesteak Sliders with peppers, onions, American cheese, chipotle mayo on potato roll (2) | 12 |

PASTA **NEW!**

| | |
|--|----|
| Pesto Gnocchi | 16 |
| Pasta Pomodoro with tomato, basil & fresh mozzarella | 16 |
| Truffle Mac & Cheese | 16 |
| Kids pasta with butter or red sauce | 8 |

GREENS

| | |
|--|----|
| The Goat Salad spinach, pumpkin seeds, cranberries, goat cheese, bacon, fig balsamic dressing | 13 |
| The BAR Caesar romaine, shaved brussels sprouts, parmesan, rosemary parmesan granola, anchovy lemon dressing | 12 |
| Greek Salad tomato, onion, cucumber, peppers, feta, olives, lettuce, citrus vinaigrette | 12 |

SIDES

| | |
|---|----|
| Cauliflower Wings with buffalo sauce | 10 |
| Asian Slaw | 4 |
| French Fries with parmesan +\$2 with truffle + \$3 | 5 |
| Chicken Fingers | 6 |
| Garlic Knots with Parmesan 6 per order | 6 |

NEW!

WINGS

CHICKEN OR CAULIFLOWER

Choose mild buffalo, honey BBQ or Korean BBQ

8 wings 11 | 16 wings 21

PIZZA

| | | | |
|--|----|--|----|
| Classic Cheese mozzarella, tomato sauce, parmesan | 14 | Vegan Pizza onion, pepper, mushroom, basil, EVOO and vegan cheese | 18 |
| The S&P spicy Italian sausage, grilled peppers and onion, tomato, mozzarella | 15 | Salad Pizza hummus, fresh arugula, cherry tomatoes, Za'atar tahini | 16 |
| Pepperoni & Hot Honey pepperoni, cheese, hot honey, tomato sauce | 18 | The Zuko white pie with zucchini, ricotta, mozzarella, lemon zest and oregano salt | 18 |
| BAR Caesar Salad Pizza salad pizza topped with our signature BAR Caesar salad: chicken, romaine, shaved brussels sprouts, parmesan, rosemary parmesan granola, anchovy lemon dressing. | 16 | El Matador NEW! mildly spicy marinara sauce, sausage, banana peppers and lots of parm | 18 |
| Pomodoro buffalo mozzarella, tomato sauce, fresh basil | 15 | | |

12-INCH PIES • SERVES 1-2 PEOPLE • GLUTEN FREE CRUST +3

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.